

Guidelines

To enjoy your experience to the fullest, familiarize yourself with our guidelines.

Age Requirements: The services and facilities are for guests 18 years of age or older.

Access to massage and facial services may be granted with parental permission to guests 13 and older.

At The Time Of Reservation: Services should be scheduled in advance. We will always try to accommodate your personal preference based on our daily schedule. During all treatments the body is fully draped except for the area being worked on.

Arrival Time: We strongly advise you to arrive 20 minutes prior to your scheduled appointment time to allow time to shower, relax and experience our facility. Arriving late will limit the time of your service, It will end on time and you will still be charged the full service value.

Personal Items: Lockers are available for personal items. However if you are a local guest, please leave your valuables at home. We are not responsible for lost or stolen items.

Cancellation and No Show Policy: HealthPlex Wellness Spa has a 24 hour cancellation policy. Failure to show up for your appointment and cancellations with less than 24 hour notice will incur a \$25 service fee.

Non-member Pricing: All prices are for HealthPlex members. Non-members will incur a **\$10 service fee per appointment.**

Our Team

Megan Murray

Licensed Massage Therapist

Therapist #2932

Henry Davis

Licensed Massage Therapist #2245

Contact Us

HEALTHPLEX WELLNESS SPA

Singing River Medical Park

3101 Denny Ave

Pascagoula, MS 39581

Singing River Hospital, Gulfport

15200 Community Road

Gulfport, MS 39503

Room #407

228.769.3430

singingriverhealthplex.com/wellness-spa



Healthplex

Wellness Spa



Spa Hours

Monday - Friday: 8am-6pm

Sat: 9am-12pm

Sunday: Closed

Spa Packages

Zero to Zen in 60

Short on time but in need of relief? Our express service will help you catch your breath and say "Spaaah!"

30 minute Rediscovery facial, to renew and brighten! 30 minute Back, Neck & Shoulder Massage to destress and enhance focus.
Members - \$90 / Non - \$100

The Prana Nirvana

Become grounded back to your true center and find your Still Point with this energy infused service.

This package includes a 60 minute Head, Hand and Foot massage with a bundle wrap to achieve relaxation, 30 minute hydrotherapy soak and a 60 minute Rediscovery facial.
Members - \$180 / Non - \$220

Body Treatments

Luxurious Body Buff

60min - \$50
Rich emollients and mineral salts are used to slough off dull skin and invigorate the senses.

Full Body Facial

90min - \$140 / 120 min \$175
A rich relaxing full body treatment for all over skin rehab.



Skin Care & Facials

Rediscovery Facial:

30 min - \$40 / 60 min - \$75
A luxurious and effective hydrating facial. Includes hydration mask or massage and eye or lip repair.

Antiaging Essential:

60 min - \$70 / 90 min - \$105
A scientific blend of Vitamin C and minerals from the sea combined to boost collagen and resurface uneven skin tones. Great for dull and dehydrated skin.

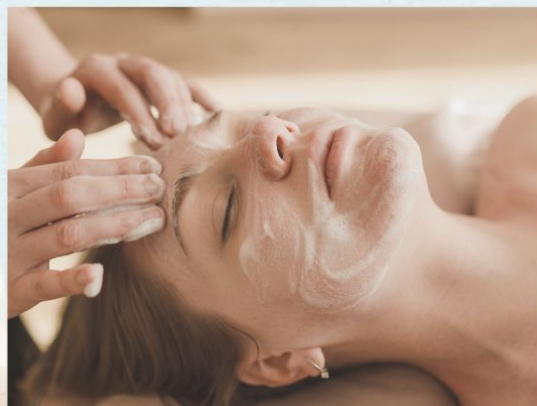
Advanced Care Facial:

60 min - \$85 / 90 min - \$115
Radically enhances texture and gives a radiant glow. Performance peptides, hyaluronic acid, and a resurfacing mask are combined for the ultimate face fitness treatment.

A La Carte & Add Ons

Massage:

Cupping: \$20+
Aromatherapy: \$10
Deep Tissue: \$15
Warm Stones: \$20



Therapeutic Massage

Back, Neck and Shoulders

30 min - \$50
Looking for a deeply therapeutic massage just to loosen up tension in the shoulders and back? This is for you.

Swedish Bliss

60 min - \$75 / 90 min - \$105 / 120 min - \$145
Full body relaxation massage with herbal essential oils for a sense of wellbeing.

Warm Stone Massage

60 min - \$90 / 90 min - \$135
Areas of tension are released with the soothing strokes of warmed Basalt.

Deep Tissue

60 min - \$85 / 90 min - \$120 / 120 min - \$160
100% greatness comes from this deeply therapeutic bodywork. A combination of relaxation techniques and deep tissue make this our #1!

Prenatal

60 min - \$75
A therapeutic bodywork that focuses on the special needs of the mother-to-be as her body goes through the dramatic changes of pregnancy. The gentle, noninvasive approach can ease discomfort associated with pregnancy, help prepare for labor and give nurturing emotional support.
(Must be out of first trimester)

Detoxing/Cellulite treatment wrap

60 min - \$90
This wrap aims to boost circulation to help flush toxins away from your skin and underlying fat cells, for a smoother, bump-free appearance. Generally, these wraps target the bottom, hip and thigh area alone. This treatment uses such natural ingredients as mud and clay. A great kickstart to a healthy living regime.
(bathing suit required)