



Time slots:

- 5:00Am Tu/Th
- 5:30Am Mon/Wed
- 5:30Am Tu/Th (two trainers)
- 6:00Am Tu/Th
- 8:15Am Tu/Th
- 8:30Am Tu/Th
- 9:00Am Mon/Wed
- 9:30Am Wed/Fri

- 12:30pm Tu/Th **NEW!**
- 4:00pm Tu/Th (In the pool)
- 4:30pm Tu/Th
- 5:00pm Mon/Wed (two trainers)
- 5:00pm Tu/Th
- 5:30pm Mon/Wed
- 6:00pm Wed/Fri

If you don't see a timeslot that fits your schedule, let Logan know. We may be able to add another timeslot.