

Guidelines

To enjoy your experience to the fullest, familiarize yourself with our guidelines.

Age Requirements: The services and facilities are for guests 18 years of age or older.

Access to massage and facial services may be granted with parental permission to guests 13 and older.

At The Time Of Reservation: Services should be scheduled in advance. We will always try to accommodate your personal preference based on our daily schedule. During all treatments the body is fully draped except for the area being worked on.

Arrival Time: We strongly advise you to arrive 20 minutes prior to your scheduled appointment time to allow time to shower, relax and experience our facility. Arriving late will limit the time of your service, it will end on time and you will still be charged the full service value.

Personal Items: Lockers are available for personal items. However if you are a local guest, please leave your valuables at home. We are not responsible for lost or stolen items.

Cancellation and No Show Policy: HealthPlex Wellness Spa has a 24 hour cancellation policy. Failure to show up for your appointment and cancellations with less than 24 hour notice will incur 100% of the services scheduled.

Non-member Pricing: All prices are for HealthPlex members. Non-members will incur a **\$10 service fee per appointment.**

Our Team

Maureen Murphy

Licensed Esthetician

Licensed Massage Therapist #180

Sarah Beth Rakestraw

Licensed Massage Therapist #1961

Henry Davis

Licensed Massage Therapist #2245

Contact Us

HEALTHPLEX WELLNESS SPA

Singing River Medical Park

3101 Denny Ave

Pascagoula, MS 39581

228.769.3430

singingriverhealthplex.com/wellness-spa

Healthplex

Wellness Spa



Spa Hours

Monday - Friday: 8am-7pm

Sat: 9am-3pm

Sunday: Closed

Spa Packages

Zero to Zen in 60

Short on time but in need of relief? Our express service will help you catch your breath and say "Spaaah!"

30 minute Rediscovery facial, to renew and brighten!
30 minute Back, Neck & Shoulder Massage to destress and enhance focus, PLUS a protein and fruit smoothie.

Members - \$90 / Non - \$100

The Prana Nirvana

Become grounded back to your true center and find your Still Point with this energy infused service.

This package includes a 60 minute Head, Hand and Foot massage with a bundle wrap to achieve relaxation, 30 minute hydrotherapy soak and a 60 minute Rediscovery facial, PLUS a Grab n Go Meal or protein and fruit smoothie.

Members - \$180 / Non - \$220

The 360 REvolution

Come 360 minutes full circle with us to release tension, rest your soul, and bring your world back into balance.

60 minute Luxurious Body Buff to awaken your senses, remove surface impurities and leave you silky smooth, 30 minute hydrotherapy soak, 60 minute Papaya body mask cocoon will leave your skin hydrated, refreshed and renewed, 90 minute 50/50 massage (Includes an exclusive luxurious aromatherapy scalp ritual.) 90 minute Antiaging Facial for the ultimate skin pampering session, PLUS a Grab n Go Meal OR protein and fruit smoothie.

Members - \$360 / Non- \$395

Waxing

Having well groomed brows transforms your face, opens up your eyes, and reveals a more confident you.

Brows:

Clean up: \$15+ (includes trimming if needed)

Reshaping: \$25+ (Instantly brighten & define your features)

For the Face:

Lip, chin or sides of face: \$15+ / Ears or nostrils: \$15+

Body Waxing:

Half leg (knee down): \$35 / Full leg: \$45+

Men's back / neck or chest: \$50+

Bikini: \$25+ / French bikini: \$40+

Skin Care & Facials

Rediscovery Facial:

30 min - \$40 / 60 min - \$75

A luxurious and effective hydrating facial. Includes hydration mask or massage and eye or lip repair.

Antiaging Essential:

60 min - \$70 / 90 min - \$105

A scientific blend of Vitamin C and minerals from the sea combined to boost collagen and resurface uneven skin tones. Great for dull and dehydrated skin.

Advanced Care Facial:

60 min - \$85 / 90 min - \$115

Radically enhances texture and gives a radiant glow. Performance peptides, hyaluronic acid and a resurfacing mask are combined for the ultimate face fitness treatment.

A LaCarte & Add Ons

Skin Care :

Neck and decollete: \$35

Diamond microdermabrasion: \$35

Hand or foot paraffin: \$15

Chemical peels: \$30+

Micro current face lift: \$30 (or 6 for \$150)

Performance masks: \$15

Therapeutic Massage

Back, Neck and Shoulders

30 min - \$45

Looking for a deeply therapeutic massage just to loosen up tension in the shoulders and back? This is for you.

Bliss ON! back

60 min - \$70 / 90 min - \$105

120 min - 145

Full body relaxation massage with herbal essential oils for a sense of wellbeing.

Warm Stone Massage

60 min - \$70 / 90 min \$115

Areas of tension are released with the soothing strokes of warmed Basalt and Himalayan salt stones.

50/50

60 min - \$85 / 90 min - \$120

100% greatness comes from this deeply therapeutic bodywork. A combination of relaxation techniques and deep tissue spot work on troubled areas make this our #1!

Tables for two?

Enjoy any service side by side with your bestie! More info at the service desk.

Body Treatments

Luxurious Body Buff

60 min - \$50

Rich emollients and mineral salts are used to slough off dull skin and invigorate the senses.

Full Body Facial

90 min - \$140 / 120 min - \$175

A rich and relaxing full body treatment for all over skin rehab.

A LaCarte & Add Ons

Massage:

Cupping: \$20+

Aromatherapy: \$10

Deep Tissue: \$15